

Recent revisions to the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the Psychological, Social, and Biological Foundations of Behavior section

In May 2013, the American Psychiatric Association published the 5th edition of its *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) with revisions to the criteria for the diagnosis and classification of mental disorders. These revisions are reflected in the content lists for the Psychological, Social, and Biological Foundations of Behavior (PSBB) section of the MCAT2015 exam. Some of the revisions may not yet be reflected in the textbooks and curricula of baccalaureate-level introductory psychology courses. The following crosswalk describes the differences between the previous DSM edition, DSM-IV, and DSM-5. Note that this is not an exhaustive list of the changes made to the DSM. It is specifically tailored to the content of the PSBB section¹. The PSBB section will test these concepts as they are described in DSM-5.

MCAT2015 Content Area	Old: DSM-IV	New: DSM-5
<p>Foundational Concept 6: <i>Biological, psychological, and sociocultural factors influence the ways individuals perceive, think about, and react to the world</i></p> <p>Content Category B: <i>Making Sense of the Environment</i></p> <p>Topic: <i>Consciousness</i></p>	<i>Sleep Disorders</i>	Now referred to as <i>Sleep-Wake Disorders</i>
<p>Foundational Concept 7: <i>Biological, psychological, and sociocultural factors influence behavior and behavior changes</i></p> <p>Content Category: <i>Individual influences on behavior</i></p> <p>Topic: <i>Psychological Disorders</i></p>	<p><i>Anxiety Disorders</i>, including <i>Obsessive-Compulsive Disorder</i> (OCD) and <i>Posttraumatic Stress Disorder</i> (PTSD), were categorized as types of Anxiety Disorders.</p>	<p>Now categorized separately as</p> <ul style="list-style-type: none"> • <i>Anxiety Disorders</i> • <i>Obsessive-Compulsive & Related Disorders</i> • <i>Trauma & Stressor-related Disorders</i> (including PTSD)
	<i>Social Phobia</i>	Now referred to as <i>Social Anxiety Disorder</i> , a subtype of Anxiety Disorders
	<p><i>Mood Disorders</i>, including <i>depressive disorders</i> and <i>bipolar disorders</i>, were categorized as types of Mood Disorders.</p>	<p>Now categorized separately as either</p> <ul style="list-style-type: none"> • <i>Bipolar Disorders</i> • <i>Depressive Disorders</i>
	<i>Schizophrenia Subtypes</i>	The subtypes (paranoid, catatonic, disorganized, and undifferentiated) have been eliminated.
	<p><i>Somatoform Disorders</i></p> <p><i>Hypochondriasis</i>, a type of Somatoform Disorder</p>	<p>Now referred to as <i>Somatic Symptom & Related Disorders</i></p> <p>The diagnostic entity of hypochondriasis has been eliminated. Symptoms may now be diagnosed as either</p> <ul style="list-style-type: none"> • <i>Somatic Symptom Disorder</i> • <i>Illness Anxiety Disorder</i>
<p>The following topics are not part of the Foundational Concepts or Content Categories but could appear on the PSBB section as the context for research studies or as information presented in passages.</p>	<p><i>Autistic Disorder</i> and <i>Asperger’s Disorder</i> were categorized as separate entities.</p>	<i>Asperger’s Disorder</i> has been eliminated as a separate entity and is now categorized as part of the <i>Autism Spectrum Disorder</i> (ASD).
	<i>Mental Retardation</i>	Now referred to as <i>Intellectual Disability</i>

¹ Please consult the full content list for the Psychological, Social, and Biological Foundations of Behavior section for complete details of what is covered on the exam.