The AAMC Situational Judgment Test Essentials: Testing Year 2020
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Preface

Congratulations! Reading this guide is the first step in preparing to take the AAMC Situational Judgment Test — another step toward a rewarding and fulfilling career in medicine.

The AAMC and two pilot schools — University of California, Davis, School of Medicine and University of Minnesota Medical School Twin Cities — are working together to evaluate the AAMC Situational Judgment Test (SJT). All applicants to the two pilot schools are strongly encouraged to complete the SJT exam during the 2021 admissions cycle. If the institutions find these scores enhance their holistic admission process, they may consider the SJT exam as one part of their ultimate admission decision.

*The AAMC Situational Judgment Test Essentials* is the official policy and procedure guide for the AAMC SJT exam. The information in this guide is necessary for a smooth registration, testing, and score-reporting experience and is required reading for all SJT examinees. During registration for the AAMC SJT exam, you will be asked to certify that you have read, understood, and agree to comply with the policies and procedures in this guide.

The Association of American Medical Colleges (AAMC) provides the SJT exam with the assistance of its test delivery administrator, Yardstick Assessment Strategies. We will refer to Yardstick Assessment Strategies (Yardstick) throughout this document, along with its test delivery software (Measure) and its remote proctoring services (ProctorU).

You will find additional references and contact information throughout this guide to refer to if you have questions. Additionally, you will find the following symbols bringing attention to special considerations:

- ✔ Tips on things you SHOULDN’T do to have a smooth experience.
- ✗ Tips on things you should NOT do to have a smooth experience.
- ⚠ Time-sensitive information.
- 🎨 How to find help with questions.

The AAMC wishes you all the best and much success as you advance your career in medicine.
Part 1: Overview of the Situational Judgment Test

Exam Content

The AAMC SJT exam assesses examinees' understanding of effective pre-professional behavior across eight core competencies for entering medical students. The competencies were identified by medical educators as important for students to understand in order to be successful in medical school.

Exam Format

The exam includes written scenario sets that present hypothetical dilemmas linked to eight core competencies. The scenarios are based on real-world situations you may experience in medical school. They are set in health care, educational, or other real-life settings. The scenarios were developed for prehealth students, and prior health care experience is not needed to perform well on the exam.

Following each given scenario are items that describe actions you could take in response to the dilemma presented in the scenario. You will be asked to rate the effectiveness of each action using a 4-point scale: 1 = very ineffective, 2 = ineffective, 3 = effective, and 4 = very effective.

There will be a total of 30 scenarios and 186 items on the test. Sample scenarios sets are available online for practice, and a full-length practice exam will be available on or about Aug. 1, 2020, to help you become familiar with AAMC SJT scenarios and items.
The AAMC SJT exam includes some “field-test” or experimental scenarios and items (i.e., questions being considered for future use that do not count toward your total score). “Field-test” scenario sets will not be identified on the test.

The chart below provides an overview of the entire AAMC SJT exam by section.

<table>
<thead>
<tr>
<th>AAMC Situational Judgment Test Overview</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Section</td>
<td>Time Allotted</td>
</tr>
<tr>
<td>Examinee Agreement</td>
<td>4 minutes</td>
</tr>
<tr>
<td>Tutorial (optional)</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Check-In</td>
<td>5-10 minutes</td>
</tr>
<tr>
<td>Exam Time</td>
<td>75 minutes</td>
</tr>
<tr>
<td>Void Question</td>
<td>3 minutes</td>
</tr>
<tr>
<td>Check-Out</td>
<td>2.5 minutes</td>
</tr>
<tr>
<td>Post-Test Survey (optional)</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Total Exam Time</td>
<td>75 minutes (1 hour, 15 minutes)</td>
</tr>
<tr>
<td>Total Session Time*</td>
<td>90-105 minutes</td>
</tr>
</tbody>
</table>

*Total session time may vary due to the required technology check for remote-proctored, online exams. You may shorten the time needed by ensuring in advance of your exam check-in that your workspace is clear of prohibited materials, that your technology meets all the required specifications, and by closing all applications and programs. Please refer to Part 5: Taking the AAMC Situational Judgment Test for more information about system requirements and the online testing experience.
Part 2: When to Take the AAMC Situational Judgment Test

Eligibility

Applicants to the University of California, Davis, School of Medicine or University of Minnesota Medical School Twin Cities during the 2021 American Medical College Application Service® (AMCAS®) cycle are eligible to take the AAMC SJT exam.

At the time of testing, you will be required to agree to a statement verifying that you are taking the exam solely for the purpose of applying to and attending the University of California, Davis, School of Medicine or the University of Minnesota Medical School Twin Cities.

If you are undecided whether you want to apply to either the University of California, Davis, School of Medicine or the University of Minnesota Medical School Twin Cities, you are strongly encouraged to register for the AAMC SJT exam and complete it before the schools’ application deadlines. On exam day, you will be required to select one or both of the participating schools to receive your score report. If you ultimately do not apply to the University of California, Davis, School of Medicine or the University of Minnesota Medical School Twin Cities for the AMCAS 2021 application year, the AAMC will still send your score report to the school(s) you selected on exam day. Additionally, if you submit the AMCAS application for any future application year, the AAMC will release your AAMC SJT score to any schools to which you apply that accept or require the AAMC SJT exam for that application year.

Requesting Special Permission

You must request special permission to take the AAMC SJT exam for any reason other than applying to one or both of the participating schools.

You may request this permission by completing the Request for Special Permission to Take the AAMC SJT Exam form and emailing it to asksjt@aamc.org at least four weeks prior to the registration deadline.

⚠️ The AAMC may request additional information when considering your request. Permission is granted at the AAMC’s sole discretion and your preferred test date is not guaranteed.

Testing Dates

The AAMC SJT exam will be offered on the following dates:

Window 1: Sept. 1, 2, and 3
Window 2: Sept. 8, 9, and 10

The AAMC SJT exam will be delivered beginning at 8 a.m. local time and will end no later than 10 p.m. local time. Appointments will be offered every 15 minutes, and each test date has a limited number of available appointments. Preregistration is required by the deadlines stated in the timeline below.

Individual test dates and appointment times will be available on a first-come, first-served basis until they reach capacity. Therefore, we strongly recommend you register as early as possible to have the best opportunity to obtain your preferred test date and time.

You may register for only one appointment, and rescheduling is generally not permitted in testing year 2020. The opportunity to reschedule may be granted for special circumstances by permission only. Refer to the Rescheduling Exam Appointments section for more information.
Testing Limits
You may attempt the AAMC SJT exam once during testing year 2020. No-shows and starting but not completing the exam are considered attempts. In future years, the AAMC will establish test-year and lifetime maximum attempts.

Timeline
The chart below summarizes the major activities and deadlines for the AAMC SJT exam.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Date*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Application for AAMC SJT accommodations opens</td>
<td>May 6, 2020</td>
</tr>
<tr>
<td>Final update of <em>The AAMC Situational Judgment Test Essentials</em> available for review</td>
<td>Anticipated July 1, 2020</td>
</tr>
<tr>
<td>Exam registration opens for all testing windows</td>
<td>July 1, 2020</td>
</tr>
<tr>
<td>Tutorial demonstrating the functions and features of the exam software available</td>
<td>July 1, 2020</td>
</tr>
<tr>
<td>Practice exam available</td>
<td>Anticipated Aug. 1, 2020</td>
</tr>
<tr>
<td>Registration for exam Window 1 closes</td>
<td>Aug. 7, 2020</td>
</tr>
<tr>
<td>Registration for exam Window 2 closes</td>
<td>Aug. 14, 2020</td>
</tr>
<tr>
<td>Last day to receive accommodations approval to ensure availability of accommodations on test day</td>
<td>Aug. 15, 2020</td>
</tr>
<tr>
<td>Last day to request name change assistance for exam Window 1</td>
<td>Aug. 27, 2020</td>
</tr>
<tr>
<td>Last day to request name change assistance for exam Window 2</td>
<td>Sept. 3, 2020</td>
</tr>
<tr>
<td>Exam Window 1</td>
<td>Sept. 1, 2, and 3, 2020</td>
</tr>
<tr>
<td>Exam Window 2</td>
<td>Sept. 8, 9, and 10, 2020</td>
</tr>
<tr>
<td>Deadline to request name change assistance for exam Window 1</td>
<td>Aug. 27, 2020</td>
</tr>
<tr>
<td>Scores released for exam Windows 1 and 2</td>
<td>Oct. 14, 2020</td>
</tr>
</tbody>
</table>

*Due to uncertainties related to the coronavirus, these dates are subject to change. Please check aamc.org/sjt for the most current information.
Part 3: Registering for the AAMC Situational Judgment Test

No Registration Fees

There are no registration fees for the AAMC SJT exam for testing year 2020.

AAMC ID and Other Registration Requirements

Registration opens July 1, 2020. You will need an AAMC ID and an associated username and password to register for the AAMC SJT exam. If you have previously created an AAMC ID at any time or for any reason — which includes creating an AAMC ID to purchase or access other AAMC products and services — you must use the same username and password when registering for your AAMC SJT exam. Examples of these other products and services include: the Medical College Admission Test® (MCAT®), MCAT Official Prep Products, the Medical School Admission Requirements™ (MSAR®) database, the AAMC Fee Assistance Program, or AMCAS application.

If you do not have an existing AAMC ID, you will need to create an account and establish a username and password before logging in to the exam scheduling system. If you cannot remember your username or password, DO NOT create a new AAMC ID. The login page provides options to reset your password or request your username if you cannot remember your login credentials. If you encounter problems resetting your password or with your security questions, please contact AAMC Services. To protect exam security and integrity, you may not create multiple AAMC IDs for any reason.

Registration Name and Accepted ID

When you take the AAMC SJT exam, the proctor will verify your identity by ensuring that you present valid identification and that your first and last name on your ID exactly matches the name on your exam registration. Do not register using a nickname, partial names, or initials. Be sure to double-check for misspellings.

If you do not provide an accepted ID that exactly matches your registered first and last names to the online proctor, you will not be allowed to test. If you are not allowed to test, you will be considered a “no-show” and will not be provided another opportunity to test during testing year 2020.

Even if an ID is valid for flight travel or to vote, it may not meet all the requirements to take the AAMC SJT exam. To ensure your ID meets the exam-day requirements, please review the list below.

Identification (ID) Requirements

1. The ID was issued by a government agency.
2. The ID expiration date is printed on the ID — not extended by a sticker or similar mechanism.
   - Exception: Military personnel and dependents stationed outside of their home state may present a state-issued driver’s license with extension stickers or paperwork that meets all other AAMC-accepted ID conditions along with their expired Uniformed Services ID card.
   - Exception: If your ID has the word “temporary” printed on it due to your current status within the country, you must contact asksjt@aamc.org for instructions prior to the registration deadline for your exam window. Your temporary ID will be accepted on exam day only if the AAMC preapproves the exception.
   - Additional exceptions may be made due to coronavirus-related delays in renewing IDs. Please read the next update to The AAMC Situational Judgment Test Essentials when available (on or about July 1, 2020) for additional ID guidance.
3. The ID expiration date is after your test date.
   - If your ID will expire before your scheduled test day, you are responsible for obtaining a renewed ID prior to your exam.
4. The ID includes your visible signature, which you will be asked to duplicate on test day.
5. The ID contains a photo that can be used to positively identify you.
6. The ID is tangible and whole, with no evidence of tampering (clipped corners, holes, etc.).
7. The ID is in English.

The most common forms of accepted ID are state driver's license and passport.

Any single ID that does not fulfill all the above requirements, even if issued by a government agency, will not be accepted. Reasons an ID may not be accepted include:

<table>
<thead>
<tr>
<th>Reason Not Valid</th>
<th>Examples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not issued by a government agency</td>
<td>Credit card, school ID</td>
</tr>
<tr>
<td>Cannot be validated</td>
<td>Paper ID or ID application receipt, virtual or digital ID, temporary ID,</td>
</tr>
<tr>
<td></td>
<td>ID with extension signature or renewal paperwork, employee ID (even if</td>
</tr>
<tr>
<td></td>
<td>issued by a government agency)</td>
</tr>
<tr>
<td>Does not have a signature</td>
<td>Passport card, Veteran ID Card (VIC), library card, voter registration</td>
</tr>
<tr>
<td></td>
<td>card</td>
</tr>
<tr>
<td>Does not have a photo</td>
<td>Birth certificate, Social Security number card</td>
</tr>
</tbody>
</table>

Resolving Registration Name Requirements

You will have until three business days prior to the beginning of your exam window to ensure that your name on your AAMC SJT registration exactly matches your name on the ID you will present to the proctor on test day to verify your identity. Please refer to the Timeline for specific dates. Detailed instructions on how to resolve registration name requirements will be available in the next update to The AAMC Situational Judgment Test Essentials, anticipated on July 1, 2020.
Registration Violations

The following are violations of the AAMC Situational Judgment Test registration rules that may result in cancellation of an appointment, cancellation of your exam score, a ban from taking the AAMC SJT exam for a designated period of time or permanently, or other consequences (see Investigation Procedures):

- Obtaining more than one AAMC ID.
- Registering for the AAMC SJT exam under another individual’s AAMC ID.
- Allowing someone else to register under your AAMC ID.
- Holding multiple reservations at the same time under different AAMC IDs.
- Providing false or inaccurate information when creating an AAMC ID or registering to take the SJT exam.
- Selling or giving away your reservation to someone else.
- Switching registrations with another examinee.

Failure to follow the AAMC SJT registration rules may create identity validation and verification issues, mistakes in the assignment of score results, and other system disruptions.

If the AAMC suspects you may have committed a registration violation that, if true, would threaten the validity, integrity, or security of the AAMC SJT and there is not sufficient time to fully investigate and resolve the issue prior to your scheduled test day, the AAMC may, in its sole discretion, cancel or reschedule your test day to allow time to conclude the investigation.

Registration and Scheduling

<table>
<thead>
<tr>
<th>Step 1</th>
<th>Before registering for the AAMC SJT exam, please verify that you have an AAMC account or create one.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 2</td>
<td>Beginning July 1, 2020, go to the “Register for the AAMC SJT Exam” button on the AAMC Situational Judgment Test webpage. After you enter your AAMC credentials, the AAMC system will direct you to the registration and scheduling system, Measure, which is managed by our vendor, Yardstick.</td>
</tr>
</tbody>
</table>
| Step 3 | Your AAMC ID will be automatically sent to Measure. You will be asked to complete demographic information, ensure your name exactly matches the name on the ID you will present on exam day, and agree to the Examinee Agreement. Failure to agree will prevent you from registering for the exam. 
Please note: Instructions for updating your name to match your ID will be available with the next update of The AAMC Situational Judgment Test Essentials, anticipated on July 1, 2020. |
| Step 4 | You will then move forward to scheduling. Please select the best available date and time for you within one of the two testing windows. Note the specific scheduling deadlines for each window listed above in the exam cycle timeline. You will not be able to change your selection after submission. |
| Step 5 | Once you have scheduled your test, you will receive a confirmation email and gain access to an exam tutorial demonstrating the functions and features of the exam software. The exam tutorial will be available up until the time you begin your exam, and you can complete it as many times as you desire. |
Rescheduling Exam Appointments

Rescheduling is not allowed in the 2020 testing year. Exceptions may be made for emergencies; rescheduling may be granted, but is not guaranteed, for one of the following reasons:

- You are hospitalized on your scheduled exam day.
- You experience a death in your immediate family.
- You are unexpectedly called away to active military service.
- You are unexpectedly called away for health care service duties related to a catastrophic event.
- You are called to jury duty for the date of your exam.
- You are displaced from your residence due to a natural disaster.

To request a rescheduled appointment for any of the above reasons, send a completed Request to Reschedule form (available beginning July 1, 2020), along with supporting documentation to asksjt@aamc.org. Supporting documentation includes any hospital records, official requests for deployment or jury duty, funeral program or death certification, and/or proof of displacement. The AAMC will review requests until Sept. 17, or one week after the last test date of Window 2. However, we strongly recommend you submit your request within 24 hours after your scheduled appointment time for the best opportunity for a new appointment if we are able to approve your request. If approved, the AAMC will offer you a new appointment but cannot guarantee your preferred date or time.

Part 4: Examinee Agreement and Consents

Examinee Agreement

The AAMC is committed to ensuring the accuracy and validity of the AAMC SJT scores. To ensure the accuracy and validity of test scores and provide fair and secure testing conditions for all examinees, examinees must adhere to a set of common procedures.

The Examinee Agreement is a legally binding contract between you and the AAMC. It sets forth the terms and conditions under which the AAMC will permit you to access and complete the AAMC SJT exam and receive a score report. In addition to the terms explained below, all policies and procedures contained in the current version of The AAMC Situational Judgment: Essentials are expressly incorporated as additional terms of the Examinee Agreement. You must indicate that you understand and agree to abide by the terms of the Examinee Agreement to proceed with registering for and completing the AAMC Situational Judgment Test.

The Examinee Agreement will appear before the ProctorU Terms and Conditions when you first launch your exam. These documents will appear on a single window and must be read in their entirety in order to accept.

Full Text of the Examinee Agreement

Before you continue with the AAMC Situational Judgment Test you must agree to each term and condition described below. Adherence to the Examinee Agreement is necessary to maintain a fair process.

By selecting “I Agree” at the end of the Examinee Agreement, you acknowledge that you have read and understand these rules.

I certify that I am the person whose name appears on the AAMC Situational Judgment Test registration for testing year 2020.

I agree not to engage or attempt to engage in behavior that would provide me with an unfair advantage, or otherwise undermine the integrity, security, or validity of the AAMC Situational Judgment Test, including, but not limited to:
• Impersonating an examinee or engaging someone else to complete the exam for me.
• Unless otherwise approved by the AAMC:
  o Taking the exam in the presence of others.
  o Receiving assistance from anyone during the exam.
  o Providing assistance to another examinee during the exam.
• Attempting by any means to duplicate, record, or memorize exam content or items.
• Searching for potential responses online in advance or while completing the exam.
• Soliciting, discussing, or disclosing exam content or otherwise violating the terms of the Examinee Agreement.
• Taking an unapproved break, leaving your seat, talking, or engaging in any activity the proctor requests you cease while completing the exam.
• Engaging in verbal or other abuse, harassment, or threats toward the exam proctor.
• At any time after check-in and prior to completing the exam session — possessing, accessing, or using:
  o Electronic devices, including cellular phones.
  o Cameras or recording equipment of any kind.
  o Books, notes, or any other written materials.

I understand and agree to The AAMC Situational Judgment Test: Essentials, the AAMC Website Terms and Conditions, the AAMC Privacy Statement, and the AAMC Policies Regarding the Collection, Use, and Dissemination of Medical Student and Applicant Data, and the AAMC’s collection, storage, and processing of my personal data according to these policies. In addition, I consent to the transfer of my personal data to the AAMC in the United States, to those medical schools (wherever located) that I select when scheduling the exam for testing year 2020 or through the AMCAS application in future years, and to other third parties as stated in these policies.

I understand and agree that any alleged violation of this Examinee Agreement or any alleged activity that may compromise the validity, integrity, or security of the AAMC Situational Judgment Test may be investigated. If I violate the terms of this Examinee Agreement, including those stated in The AAMC Situational Judgment Test: Essentials or fail to fully cooperate in any investigation of a violation, I may face the following consequences:

• My score may be placed on hold while the AAMC completes its investigation.
• The AAMC may issue a report of the factual findings of the investigation to legitimately interested parties.
• My score may be canceled, before or after the score is reported.
• I may be banned from taking the AAMC Situational Judgment Test for a limited time or permanently.

Information about the AAMC investigation process may be found in The AAMC Situational Judgment Test Essentials. I agree to comply with the terms of this Examinee Agreement, and I understand the consequences for failing to comply.

Consents

When you take the AAMC SJT exam, you agree to the use and release of your personal information as described below.

The AAMC will use your personal information — including collecting, storing, and processing it — in accordance with the AAMC Website Terms and Conditions, the AAMC Privacy Statement, the AAMC Policies Regarding the Collection, Use, and Dissemination of Medical Student and Applicant Data, and any specific terms described herein. You agree to the transfer of your personal information to the AAMC in the United States, to those medical schools (wherever located) that you select through the exam registration system or through the AMCAS application in future years, and to other third parties as stated in these policies. Once your personal information has been transferred to a third party, the information is subject to that party’s policies.
Personal information collected, stored, and processed during your SJT exam experience includes:

- Personal information collected during registration, including your name, email address, phone number, gender, race and ethnicity, country of citizenship and residence, and undergraduate institution, and language background.
- Identity information collected at the start of the exam.
- Exam response information.
- Biometrics collected in support of remote proctoring, including your ID, video and audio recording of your exam session, video of you and your exam environment, and keystroke measurements taken during your exam.
- Exam grading and score data related to your exam performance.

Any information published by the AAMC related to the AAMC SJT exam will use aggregate statistics. Individual test scores are not published or released to third parties unless permitted by the AAMC Privacy Statement or otherwise authorized by you.

You further agree and give permission for your future medical school to release your relevant school records to the AAMC and any third-party service providers under contract to the AAMC to conduct research on the relationship between SJT scores and medical school performance. The medical school records released to the AAMC may include school-specific admissions data, grades, ratings from courses and clerkships, performance on USMLE exams, faculty ratings of performance for research only, other data to document your progression through medical school, and graduation. (This section will be updated with the next release of *The AAMC Situational Judgment Test Essentials*, anticipated July 1, 2020.)

At the end of your exam, you will be asked if you want your exam scored. If you choose to have your exam scored you will be asked to select the school(s) to receive your score report. By selecting either or both of the two participating schools — University of California, Davis, School of Medicine and/or the University of Minnesota Medical School Twin Cities — you authorize the AAMC to send your score report to the school(s) you have selected. Once you submit your authorization, you may not subsequently revoke it, even if you decide later not to submit an application for admission to the school(s) receiving your score report. The AAMC will send your score and percentile ranking directly to the school(s) you authorize to receive it. The score report will be sent separately from your AMCAS 2021 application. Further, if you apply in a future year — AMCAS 2022 or later — your scores will be sent to any program to which you apply that is either requiring or accepting AAMC SJT scores.

**Part 5: Taking the AAMC Situational Judgment Test**

**Exam Delivery and System Requirements**

The AAMC SJT exam is administered through a secure online testing environment. This online environment allows you the convenience of choosing your own location and using your computer equipment, as long as your workspace and computer meet the specified technical and security requirements described below.

The AAMC has engaged a third-party vendor, Yardstick, to deliver your AAMC SJT exam and capture and transmit your exam responses. You will schedule and take your exam through Yardstick’s Measure software, and Yardstick will secure and proctor your exam using ProctorU services. You will receive emails regarding your SJT exam from both the AAMC and Yardstick.

**Technical Requirements**

You will take the exam on a desktop or laptop of your choice and are responsible for ensuring it meets the following technical requirements. You may not take your exam on a phone or tablet.
If you intend to take the exam using shared equipment at your university, employer, or any location rather than using your personal computer or laptop, you must ensure that the equipment meets the specifications below and that you will be allowed to share your screen through a LogMeIn file and access other security features. Universities and employers may have firewalls that prevent you from accessing the required security features, which will prevent you from taking the exam. Please contact your university or employer system administrator for assistance.

<table>
<thead>
<tr>
<th>Type</th>
<th>Minimum</th>
<th>Recommended</th>
</tr>
</thead>
<tbody>
<tr>
<td>Web camera</td>
<td>640 x 480 resolution</td>
<td>1280 x 720 resolution</td>
</tr>
<tr>
<td>PC users</td>
<td>Windows Vista</td>
<td>Windows 10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(10 S mode is not supported)</td>
</tr>
<tr>
<td>Mac users</td>
<td>OS X 10.5 or higher*</td>
<td>OS X 10.13 High Sierra</td>
</tr>
<tr>
<td>Internet download speed</td>
<td>.768 Mbps</td>
<td>1.5 Mbps</td>
</tr>
<tr>
<td>Internet upload speed</td>
<td>.384 Mbps</td>
<td>1 Mbps</td>
</tr>
<tr>
<td>RAM</td>
<td>1024 MB</td>
<td>2 GB</td>
</tr>
<tr>
<td>Ports</td>
<td>1935, 843, 80, 443, 61613, UDP/TCP</td>
<td>1935, 843, 80, 443, 61613, UDP/TCP</td>
</tr>
</tbody>
</table>

*MacOS X Catalina users: Catalina has added security features that require additional permissions for certain applications, such as LogMeIn Rescue, the software we use to connect you to a proctor. If you are using MacOS Catalina, this permission process will take an extra 30 seconds. ProctorU proctors or support personnel can help walk you through this process.

**Additional Requirements**

- Test your equipment. (Instructions for testing your equipment will be available on or about July 1, 2020.)
- A functioning microphone (some web cameras have a built-in microphone).
- A compatible browser: Google Chrome (preferred) or Mozilla Firefox. Ensure that your browser is up-to-date and you have the ProctorU extension installed. (Instructions for downloading the extension will be available on or about July 1, 2020.)

**Not Supported**

- Google Chromebooks.
- Tablets (Nexus, iPad, Tab, Note, etc.).
- Cell phones.
- Linux operating systems.
- Windows 10 in S mode or Surface RT.
- Running inside a virtual machine — you will be asked to reconnect using your host operating system to take your exam.
Environmental Requirements

- Be in a private, well-lit room.
- Clear your workspace.
- Have your photo ID ready.
- Close all third-party programs.
- Remove all non-religious head coverings.
- Remove additional monitors from the room. (Dual monitors are not allowed during the exam.)

Additional Requirements

You must remain seated at your computer for the duration of the exam, unless you are preapproved for a specified accommodation. Taking a break or otherwise moving from your seat during the exam will result in an investigation and possible AAMC action. You must remain silent during the exam. Do not read questions aloud unless you are preapproved for a specified accommodation. Leaving your seat or speaking during the exam will result in an investigation and possible AAMC action.

Systems Support

ProctorU provides an online resource center to assist you with systems and workspace requirements. Additionally, live support for the Measure system is readily available if you have trouble connecting with a proctor or other issues preventing you from taking the exam. To access live support:

1. Log in to your account (coming July 1, 2020).
2. Look for the “Chat Now” button in the lower right corner of the screen.
3. Fill out the form, and you will be connected with a chat support specialist.

The Testing Experience

The table below summarizes the steps that you, the examinee, will follow to begin and complete your exam session.

<table>
<thead>
<tr>
<th>Prior to Your Appointment Time</th>
<th>15 Minutes Prior to Your Appointment Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 1 Install the ProctorU extension if you have not done so already. (Instructions will be available in the next update of The AAMC Situational Judgment Test Essentials, anticipated July 1, 2020.)</td>
<td>Step 3 Check your appointment confirmation for instructions on how to log in to your appointment. Once logged in, select “Start Session.” On test day, you are required to log in to your appointment 15 minutes prior to your exam time and select “Start Session” to begin. The proctor will be there to guide you through system requirements, identification authentication, exam rules, and the process of securing your testing environment. If you have trouble connecting to your session, use the Live Chat feature described above for assistance.</td>
</tr>
<tr>
<td>Step 2 Test your equipment one last time.</td>
<td></td>
</tr>
</tbody>
</table>
At Your Appointment Time

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Step 4</strong></td>
<td>Upon successful completion of Step 2, the proctor will grant you access to the exam.</td>
</tr>
<tr>
<td><strong>Step 5</strong></td>
<td>Optional: View the tutorial one last time before beginning your exam.</td>
</tr>
<tr>
<td><strong>Step 6</strong></td>
<td>Agree to the AAMC Examinee Agreement and Yardstick Assessment Strategies terms and conditions.</td>
</tr>
<tr>
<td><strong>Step 7</strong></td>
<td>Complete the exam. You will have 75 minutes.</td>
</tr>
</tbody>
</table>
| **Step 8** | Determine if you want your exam scored or if you want to void your exam.  
- If you choose to have your exam scored, you will also select the school(s) to receive your score report. You may not revoke your selection later.  
- If you choose to void your exam, the AAMC will receive your exam data, but neither you nor any schools will receive information about your performance on the exam. |
| **Step 9** | Complete the post-exam survey and check out. Your proctor will confirm successful submission of your exam, direct you to the post-exam survey, and assist you with completing the check-out process. We will send you an exam submission confirmation email with information on how to access your exam score report when it is available. |

Remote Proctoring

In preparation for your exam, you must download the ProctorU browser extension using your username and password. (Instructions for downloading the browser will be available in the next update of The AAMC Situational Judgment Test Essentials, anticipated July 1, 2020.) Before the proctor can allow you access to your exam, you must:

- Provide access to your device’s camera and microphone.  
- Share your screen through a LogMeIn file.  
- Share your photo ID on camera. The proctor will use your ID in conjunction with biometric facial recognition software to authenticate your identity.

During your exam, the proctor will continue to monitor your screen, camera, and microphone to ensure you are following the terms stated in the Examinee Agreement.

Proctor Interruptions and Exam Terminations

If at any time during your exam the proctor has reason to believe you are using prohibited items or engaging in prohibited behaviors as described below, your proctor may interrupt or terminate your exam. The exam clock is not paused during any interruption, whether initiated by the proctor for a security concern or initiated by you for a question.

The proctor may interrupt your exam to request clarification of your activity, request that you cease the prohibited activity, and terminate your exam if you fail to comply with the proctor’s instructions. Prohibited activities include:

- Searching for potential responses online in advance or while completing the exam.  
- Engaging in any activity the proctor requests you cease while completing the exam. Such activities include but are not limited to:
  - Unapproved break.
Leaving your seat.
- Talking, even to yourself.
- Eating or drinking.
- Engaging in verbal or other abuse, harassment, or threats toward the exam proctor.
- At any time after check-in and prior to completing the exam session, possessing, accessing, or using:
  - Electronic devices, including cellular phones.
  - Cameras or recording equipment of any kind.
  - Books, notes, or any other written materials.
  - Any other unapproved personal items. Please refer to the Items Not Requiring Prior Approval for information on items allowed in the room while you are testing. Any item not on this list that you possess, access, or use during the exam may result in an interruption and/or termination of your exam.

The following will result in immediate exam termination by the proctor:
- Impersonating an examinee or engaging someone else to complete the exam for you.
- Attempting by any means to duplicate, record, or memorize exam content or items.
- Unless otherwise approved by the AAMC:
  - Taking the exam in the presence of others, including family or other members of your household, dormitory, workplace, etc. Please do not allow children or pets to enter the room, as the motion may alert the proctor and require an interruption.
  - Receiving assistance from anyone during the exam.
  - Providing assistance to another examinee during the exam.

If the proctor interrupts or terminates your exam for a potential violation, the AAMC may conduct an investigation. Please refer to Part 9: Discussion, Violations, and Investigations for information on the investigation process and potential outcomes. Please note that you are allowed one exam attempt this year, and a terminated exam counts as one attempt. The AAMC, at its sole discretion, may offer a retake of the exam depending on the outcome of its investigation.

**Proctor Assistance**

The proctor is available to assist you should you experience any problems with or have a question about the exam software. The proctor may not assist with any questions about exam content. The exam clock is not paused when you initiate a question.

**Voiding Your Exam**

After the conclusion of your exam, you will be asked if you would like to void or score your exam. It is important to remember that you are allowed only one attempt on the AAMC SJT exam for the 2020 testing year, so if you choose to void your score, you will not be able to take the exam again and will be unable to provide an AAMC SJT score in support of your medical school application.

- Information from voided exams is not sent to medical schools.
- A voided exam does count toward your testing limits.
- Your score or void decision will be reflected on your score report. If you chose to void your score, a code of "VO" will appear on your score report in lieu of the total score, and no other information will be available about your performance on the exam, including a confidence band or percentile rank.
No-Show, Noncompletion, Void

The following situations will count as your single attempt to sit for the AAMC SJT exam during the 2020 testing year. No information is provided to schools for no-shows or voids. Information about noncompletions may be shared only for verified violations. Please refer to Part 9: Discussion, Violations, and Investigations for information on the investigation process and potential outcomes.

- A "no-show."
- You do not provide acceptable ID on test day. (You will not be able to continue with the exam.)
- You refuse the Test-Day Certification. (You will not be able to continue with the exam.)
- You start but do not complete your exam.
- You void your exam. (Refer to Voiding Your Exam.)

Failing to appear within 15 minutes after the exam start time will result in a “no-show,” and rescheduling is not allowed. In other words, you will forfeit your opportunity to submit an AAMC SJT score to your participating medical schools unless you have a valid reason for the no-show. Please refer to Rescheduling Exam Appointments to determine if you have a valid reason to request rescheduling.

Testing More Than Once

Requests to retake the AAMC SJT exam will be considered only in the event of a technical problem within Yardstick’s Measure software, verified by Yardstick. Refer to Reporting a Technology or System Issue for more information. Otherwise, there are no retakes, even if you void your score; examinees may sit for the AAMC SJT exam only once during the 2020 testing year.
Part 6: AAMC Situational Judgment Test Scores and Score Reporting

Scoring
You will receive a single, total score for the AAMC SJT exam. The total score ranges from 1 (lowest) to 9 (highest).

Your score is based on the extent to which your effectiveness ratings of each action align with medical educators’ ratings. Full credit is awarded for an item if your response matches the medical educators’ response. Partial credit is awarded if your response is close to the medical educators’ response.

Every test form of the AAMC SJT exam measures your understanding of effective pre-professional behaviors. However, each form is different in the specific items it presents. While care is taken to make sure that each form is about equivalent in difficulty, one form may be slightly more or less difficult than another. The conversion of raw scores to scaled scores, through a process called equating, compensates for small variations in difficulty between sets of items. This conversion minimizes variability in the meaning of test scores across different forms.

A confidence band will be reported along with each total score. Confidence bands show the accuracy of your total score. Similar to all standardized tests, scores on the AAMC SJT exam are not perfectly precise. Scores can be affected by many factors. Confidence bands mark the ranges in which your “true score” likely lies. Confidence bands help signal the inaccuracy of test scores and are intended to discourage distinctions between examinees with similar scores.

A percentile rank will be reported along with the total score. Percentile ranks of scores are the percentages of test-takers who receive the same or lower scores than you did.

Receiving Your Score
Scores are expected to be released for all test dates on Oct. 14, 2020. When your scores are available, we will send you an email with instructions on how to access your score report. If you elected to have your exam scored, your score report will include your total score, confidence band, percentile rank table, and any applicable notes. AAMC staff will not provide scores over the phone.

Reporting Your Score to Medical Schools
When you elect to have your exam scored on exam day, you will select the school(s) to receive your score report. You do not need to take any further action after exam day to ensure the school(s) you selected receive your report. The AAMC will send your score report directly to the school(s); however, we will send it separately from your AMCAS 2021 application. The AAMC will not send any information about voided exams to the medical schools.

Schools will have access to score reports the same day they are released to examinees. The AAMC is not responsible for any claims for damages resulting from delayed transmissions of SJT scores for any reason.

Future AMCAS Season Score Reporting
The AAMC will retain your AAMC SJT score report indefinitely. If you reenter the medical school application process in a future application year, the AAMC will provide your AAMC SJT score report to any program to which you apply that accepts or requires the AAMC SJT exam as part of their application process.
Score Cancellation

The AAMC SJT exam is a standardized test, which requires that certain aspects of the test remain constant across the entire testing population, including, but not limited to, the number of items, the competencies covered, the difficulty of the test overall, and the conditions under which the test is proctored.

In the rare event an irregularity occurs that results in one of the standardized aspects of your test being altered to an extent that you may have been unfairly impaired or advantaged, the AAMC may, in its sole discretion, cancel your score. In such a case, the score will not be disclosed to you, medical schools, or any other interested parties, and the AAMC will make every effort to reschedule a new test date.

Issues Preventing Completion or Scoring of Your Exam

If you are unable to complete your exam due to internet service disruption, power outages, or other test day issues, you are encouraged to submit a Test Session Concern. For more information, refer to Technology Disruptions.

Part 7: Accommodation Requests

Exam Testing Conditions

The exam duration for the AAMC SJT is relatively short at 75 minutes (1 hour, 15 minutes). The total seated time ranges between 90 and 105 minutes, which you can influence by ensuring your computer and workspace meet the required specifications before your exam start time. For more information on the test format, refer to AAMC SJT Test Day. If you have a condition that requires a modification of or adjustment to the standard testing time, you must apply for accommodations on the AAMC SJT exam.

You will be taking the exam at a location of your choice (as long as the location meets our specifications for test security); therefore, certain conditions and items for which other standardized exams require prior approval may not apply to the AAMC SJT exam. Since you are in control of certain aspects of your testing environment and equipment, you do not need to submit an AAMC SJT Application for Accommodations for the following:

- Separate testing room: You are required to select a room that will not be accessed by anyone other than you while your exam is underway.
- Noise reduction: You are required to select a room that is carefully controlled for noise and movement.
- Adjustable chair and workstation: You are using your own equipment.
- Wheelchair accessibility: You select the room.
- Adjustable lighting: You select the room. Please note that your testing room must have sufficient light for the remote proctor to observe you through your computer's camera.
- Trackball, touchpad, ergonomic keyboard, and screen overlay: You are using your own equipment. Please note that any equipment or accessories you provide must meet our technical and security specifications as described in this document, and you must allow the remote proctor to adequately observe you through your computer's camera throughout your exam session.

In addition to the above conditions and equipment, you are permitted to bring certain items into the testing room without prior approval. For a full list of allowed items and related terms and conditions, please
review Items Not Requiring Prior Approval. Please note that this list differs from the items list for the MCAT exam. Please make sure you review the correct list for the AAMC SJT exam. Further, note that the remote proctor monitoring your exam will require you to display items for visual inspection before you begin your exam.

If you do not disclose and present an approved item for inspection prior to beginning your exam and the proctor subsequently notices you using it, the proctor may interrupt your exam to request inspection. The exam clock will continue to advance during this inspection.

Applying for Accommodations

If you have a disability or medical condition that requires an adjustment to the AAMC SJT conditions, please submit an Application for AAMC SJT Accommodations. Detailed instructions are provided on the AAMC SJT accommodations webpages, including the steps you need to follow depending on your current status with MCAT accommodations.

Your accommodation request must be accompanied by documentation that sufficiently demonstrates your need for the accommodation requested. Such documentation may include an evaluation from a health care provider. You should also provide documentation on previously approved accommodations, such as those you received in school and on other standardized tests, e.g., the SAT or ACT. We will have any information on previously approved MCAT accommodations on file, so you do not need to submit your approval letter. All documentation must be in English. Please feel free to contact sjtaccommodations@aamc.org regarding what type of documentation you should submit.

You should request an accommodation as soon as possible (at least 60 days before the exam scheduling deadline) to increase the likelihood of receiving a decision on your request in time for the AAMC and Yardstick to arrange for any approved accommodations for your exam appointment. Please refer to the AAMC SJT accommodations webpages for more information.

The AAMC will notify you via email when a decision is available. If your request is approved, follow the instructions provided with your approval email. If your request is not approved, your initial registration for the exam remains valid, and you will test under standard conditions.

Part 8: Technology Disruptions

Testing Disruptions

The AAMC takes great care to ensure that registrations are properly processed; AAMC SJT exams are properly prepared, handled, and scored to maintain the integrity of the AAMC SJT program. In the unlikely event that an error occurs, the AAMC will take reasonable measures to correct it.

Reporting a Technology Issue

In cases where the exam service was not delivered or completed as designed, the AAMC may permit the affected examinees(s) to retake the AAMC SJT to remedy the situation.

If you believe that a technology issue in Yardstick’s Measure system interfered with your performance on the exam, and you wish to have the AAMC research what occurred, please:

1. Notify the proctor when the issue occurs or before ending your exam.
2. Submit a completed Technology Issue Report Form (coming Aug. 31, 2020) to asksjt@aamc.org within 24 hours of the experienced technology issue. Forms submitted within 24 hours will receive prioritized review. If an exam irregularity is confirmed, you may get an opportunity to retake the exam at the AAMC’s sole discretion.
Notifying the proctor when an issue occurs will allow the proctor to assess and possibly correct the problem so you can continue testing. Further, your report to the proctor will aid Yardstick and the AAMC if we need to research the issue after your exam. Failure to report a problem to the proctor may hinder our ability to resolve the issue and offer you an opportunity to retake the exam due to a verifiable technology issue.

If you do not report an issue, and the AAMC subsequently learns that a technology issue occurred, we will contact you if the issue affects our ability to score your exam.

**Retaking the Exam Due to a Technology Issue**

If the AAMC determines that you need to retake your AAMC SJT exam due to a technology or system error, the AAMC will assist you in scheduling a new appointment. The AAMC will make every attempt to provide your preferred time slot for a new appointment; however, we cannot guarantee a specific date and time will be available.

You must complete the entire exam. The AAMC cannot provide a score if you do not complete the entire exam.

**Please note:** *The remedy described above is the exclusive remedy available for errors in registrations, errors in presentation of the exam items, technology disruptions, and potential compromises to exam content as determined by the AAMC.*

**Part 9: Discussion, Violations, and Investigation**

**Discussion of the AAMC Situational Judgment Test**

The AAMC developed guidelines to help you understand the terms under which you test, the prohibition on disclosure of exam content, and how to appropriately share your testing experience. Failure to abide by the AAMC guidelines may result in a violation and investigation.

**What IS permitted:**

- Commenting on your general AAMC SJT exam experience, such as the online interface or how you felt about taking a remotely proctored exam.

**What is NOT permitted:**

- Describing any scenario or item you were presented during your AAMC SJT exam or your responses in greater or more specific detail than described by the AAMC herein or elsewhere, which includes discussing or disclosing a scenario or item list or describing the frequency or order in which such scenarios and items appeared.
- Outlining the steps or process to respond to SJT items beyond the guidance provided by the AAMC.
- Assisting anyone else in doing any of the above.

**Violations**

Some examinees may choose to disregard the rules to gain an unfair advantage for themselves or others. If any examinee allegedly provides the AAMC with false information, engages in conduct that may compromise the integrity of the SJT program, or otherwise violates the Examinee Agreement or the terms of *The AAMC Situational Judgment Test Essentials*, the AAMC will investigate the alleged claim.
Investigation Procedures and Consequences

The SJT exam is a standardized test administered by the AAMC. The Policies and Procedures for Investigating Reported Violations of Admission and Enrollment Standards apply and are incorporated by reference. Additionally:

- At its sole discretion, the AAMC may place an examinee’s score on hold while it conducts an investigation.
- Any examinee who is the subject of an investigation by the AAMC shall fully cooperate with the AAMC’s investigation, produce all documents and materials requested by the AAMC, and submit to an in-person interview conducted by or on behalf of the AAMC at the association’s request. Examinees shall truthfully and completely answer all questions posed during investigative interviews conducted by or on behalf of the AAMC.
- At its sole discretion, the AAMC may elect to send a report documenting the incident, with any attachments provided by the examinee, to legitimately interested parties, including all persons or agencies to which the examinee has instructed that AAMC SJT exam scores be sent, both presently and in the future.
- The AAMC also may elect to cancel an examinee’s score when there is reason to believe the score is invalid or the examinee has engaged in behavior that violates the Examinee Agreement. The AAMC also may elect to suspend an individual’s eligibility to take the AAMC SJT exam for a limited time or permanently.
- The AAMC reserves all rights to take other action as is warranted in certain circumstances.

Reporting Potential Violations

It is in the interest of all examinees to report the questionable behavior of others. A violation could provide an unfair advantage to an unethical and potentially unqualified examinee not only during the SJT exam but also in the medical school admissions process.

Reports of violations of the Examinee Agreement, cheating, disclosure of confidential SJT content, wrongdoing, and other actions, or alleged actions that undermine the integrity of the SJT exam, will be treated confidentially. If you report such activity, the AAMC will not disclose your identity except on a need-to-know basis, including responses to subpoenas, court orders, or other legal processes.

Please report all potential violations to asksjt@aamc.org.

Arbitration Agreement

You have one exclusive remedy available if you wish to appeal or otherwise challenge an action or decision made by the AAMC regarding the SJT exam. That remedy is binding arbitration obtained through written submissions before a single arbitrator under the JAMS Streamlined Arbitration Rules and Procedures in the District of Columbia. By registering for the exam and accepting the terms of the Examinee Agreement, you understand you are waiving your right to file suit against the AAMC in any court of competent jurisdiction. The sole issue for arbitration shall be whether the AAMC acted reasonably and in good faith in making its decision.

If a conflict exists between this section and the AMCAS investigation policies and procedures incorporated by reference, this section shall take precedence.
Part 10: Contact Us

Specialists are available to assist you with the SJT process, policies, and procedures to help ensure resolution of your question or concern. Please allow two business days for a reply to your email.

| General Questions About the AAMC SJT Exam | Email: asksjt@aamc.org  
Webpage: aamc.org/sjt  
A representative will respond to your inquiry within two business days during our regular business hours:  
Hours:  
Monday-Friday, 8 a.m.-6 p.m. ET  
Closed Wednesday, 3-5 p.m. ET |
| Measure Technical Questions | The Yardstick Measure platform has live support readily available if you have trouble getting connected with a proctor or other issues prevent you from taking your exam. To contact this support:  
1. Log in to your account (coming July 1, 2020).  
2. Look for the Chat Now button in the lower right corner of the screen.  
3. Fill out the form, and you will be connected with a chat support specialist.  
You can also access chat here.  
For helpful information on frequent topics such as technical requirements, how the service works, and how to be prepared for a ProctorU session, access the Resource Center and Tutorial Video. |
| Accommodations for the AAMC SJT Exam | Email: sjtaccommodations@aamc.org |